Time of Day Study:
WHAT IS THE SAFEST TIME OF DAY TO EXERCISE?
NOW RECRUITING!

SportsCardiologyBC is recruiting endurance athletes of all levels to participate in a new research study!

If you are over the age of 18 and participate in endurance athletics (i.e. running, cycling, swimming, rowing, cross-country skiing) at least 4 hrs/week, you may qualify to participate in this innovative project.

To learn more or become involved please contact the SportsCardiologyBC team at:
sbcresearch@alumni.ubc.ca || 604-822-9494

Or visit the SportsCardiologyBC website:
www.sportscardiologybc.org

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